

LIVERMORE AREA RECREATION AND PARK DISTRICT

PROGRAM COMMITTEE

DRAFT MINUTES

WEDNESDAY, NOVEMBER 16, 2022

2:30 PM

NOTICE: Coronavirus COVID-19

In accordance with the Ralph M. Brown Act (Cal. Gov. Code 54950 – 54963), as amended by Assembly Bill 361 (2021), the Livermore Area Recreation and Park District Program Committee Members and staff participated in this meeting via Zoom teleconference. In the interest of maintaining appropriate social distancing, members of the public also participated electronically.

Committee Members Present: Jan Palajac, Maryalice Faltings

Staff Present: Mat Fuzie, Linda VanBuskirk, Jill Kirk, Fred Haldeman, David Weisgerber, Julie Dreher, Pamela Healy, Joseph Benjamin

Members of the Public Present: There were no members of the public present.

1. **Call to Order:** Chair Palajac called the meeting to order at 2:31 p.m.
2. **Public Comment:** There was no public comment. Chair Palajac closed the public comment period.
3. **Discussion and Possible Action Regarding Teleconference During a Proclaimed State of Emergency (Resolution No. 2768-a):** Resolution No. 2768-a was approved unanimously.
4. **Approval of the Minutes of the Program Committee on October 19, 2022:** The Minutes from October 19, 2022 were approved unanimously.
5. **Senior Trip(s):** Recreation Supervisor (RS) Joey Benjamin and Community Outreach Supervisor (COS) David Weisgerber shared a presentation (attached) and provided the following report:

Monthly popup trips have been very popular with Seniors. Some of the recent ones included:

- The Ramses the Great exhibit at the de Young Museum: This trip took place in September.
- Fleet Week Air Show: The signup list for this trip filled up within 14 minutes.
- Olives and Poinsettias: This trip combined a visit to Sciabica's California Olive Oil company and nearby Duarte's Poinsettia Farm.
- Temptations on Broadway: This was a trip to the Golden Gate Theater in San Francisco.
- Canadian Rockies Mountaineer trip – This trip was postponed from 2020. It took place September 29th through October 6th and included 21 Seniors and two (2) staff escorts. Some of the activities participants experienced included Jasper National Park, the Glacier Skywalk, sightseeing in Banff and a ride on the Banff Gondola. Many memories were made, and it was a great trip for all. There are plans to reconvene the group at the RLCC in January to talk more about the trip.

Committee Comments and Questions:

- The Olives and Poinsettias trip was to Modesto; have we done anything with Olivina here in Livermore? *Staff will consider this for future planning.*
- Is the same group attending every trip? *Some are same, but we are seeing new faces too.*
- Where did they go for Fleet Week? *Started from RLCC, loaded onto buses, went to SF for fleet week. Temptations show also in SF.*
- How much did the Canadian Rockies trip cost? *Around \$5500 per person.*

Action: This was a discussion only and no Committee action was taken.

6. Senior Programs:

Senior Lunch Program:

Offered by Open Heart Kitchen (OHK), this program moved indoors in March 2022. OHK was recently recognized as an Outstanding Community Partner by CARPD, highlighting their service to the community. In September 2022, they served 3045 meals, 145/day to 219 unique diners. 59 Seniors dined indoors (almost back to pre-pandemic levels).

Programs with Non-Profit Partnerships:

- Legal Assistance for Seniors
- Open Heart Kitchen (OHK)
- Alzheimer's Association
- CityServe of the Tri Valley: This group organizes volunteers to do friendly visits for home bound seniors, transportation to medical appointments.
- 2-1-1
- AARP Tax Aide

Senior Prime Time Newsletter:

Subscribers: 1,932

Over 70% of subscribers open the newsletter and engage with our program offerings.

Senior Activities:

Fitness Classes: Zumba, Tai Chi, Line Dancing, Aerobics, Chair Exercise, Yoga

Activities: Fall Wreath Making, Mystery Movie Review, How to Write a Book, 3D Card Making, Paint and Snack: Birch Tree Forest

Road to the Holidays: Planned events include the Holiday Jazz Jubilee Concert (12/13), Gingerbread House Decorating (12/20), Holiday Lights Trolley Tour (12/7), SF Movie Tours (12/29 and 1/4) and the Golden Circle Holiday Bazaar (12/6 and 12/7).

Committee Comments and Questions:

- Are fitness classes taught by our own staff or outside contractors? *Outside contractors.*
- How many participants are required for a class? *Minimums are typically 5-6, but we have many returning participants.*

- How long is the trolley lights tour? *About 90 minutes for tour, 30 minutes to load/unload. 20-25 participants per tour. Registration opens soon.*
- Do all Senior activities begin and end at the RLCC? *Yes.*

Action: None. This was informational only and no action was requested or taken.

7. Update to Equestrian Programming for the Arena:

Community Services Manager (CSM) Kirk shared that a survey was sent out to the equestrian community and past users of the space; there are several opinions of what needs to be done. We are trying to find a concessionaire for the arena. In the interim, we are no longer accepting drop-ins, we are making it available for groups as-is provided they do their own prep and cleanup.

Committee Comments and Questions:

- What groups are currently using it? *The Alameda County Sheriff's equestrian unit has been using it to practice for the Rose Parade.*
- Has a follow up been sent to the survey participants? *Staff will check and confirm.*

Action: Staff were asked to recontact the survey participants to let them know they can use the arena provided they do their own prep and cleanup.

8. Directors' Reports and Announcements:

- Director Palajac shared that she took the CSDA 2022 Ethics AB1234 webinar on demand on November 16th.
- GM Fuzie presented to Leadership Livermore yesterday. He gave an overview of the LARPD and our relationship to the community.
- GM Fuzie was encouraged to join the Livermore Rotary.

9. Adjournment: The meeting was adjourned at 3:07 p.m.

/ph

SENIOR TRIPS

MONTHLY POP-UP TRIPS



de Young Museum

Fleet Week Air Show

Olives and
Poinsettias

Temptations on
Broadway

SENIOR TRIPS

CANADIAN ROCKIES MOUNTAINEER

**POSTPONED FROM
2020**

**SEPTEMBER 29 -
OCTOBER 6**

**21 SENIORS, 2 STAFF
ESORTS**



SENIOR LUNCH PROGRAM

**MOVED INDOORS IN
MARCH 2022**

**RECOGNIZED AS AN
OUTSTANDING
COMMUNITY PARTNER
BY CARPD**

**SERVED 3,045 MEALS
(145/DAY) IN SEPT TO 219
DINERS**

**59 UNIQUE SENIORS
DINED INDOORS**



NONPROFIT PARTNERSHIPS

LEGAL ASSISTANCE FOR SENIORS

OPEN HEART KITCHEN

ALZHEIMER'S ASSOCIATION

CITYSERVE OF THE TRI-VALLEY

2-1-1

AARP TAX-AIDE



Cityserve
OF THE TRI-VALLEY

ITEM NO 4 ATTACHMENT

SENIOR PRIMETIME



PRIMETIME

LARP Senior Services Newsletter

Historical Downtown Livermore Walking Tour



Join Susan Canfield on an informative walk and learn about the history of the downtown homes and buildings on your one-mile tour. Conclude with a no-host lunch downtown.

Please park on the first floor in the multi-level parking structure on Railroad Avenue and meet Susan at the Southern Pacific Train Station, which is located adjacent to the parking structure at the Livermore Transit Center, 2500 Railroad Avenue

Friday, 11/4, Free
9:30am - 12 pm
Meet at 2500 Railroad Ave, Livermore
(registration required)

[REGISTER FOR FREE](#)

Mystery Movie and Review at the Vine



SUBSCRIBERS

1,935
+924 SINCE
NOV 2021

OPEN RATE

70%
35% INDUSTRY
AVERAGE

SENIOR ACTIVITIES

FITNESSES CLASSES

Zumba

Tai Chi

Line Dance

Aerobics

Chair Exercise

Yoga

ACTIVITIES

Fall Wreath Making

Mystery Movie Review

How To Write A Book

3D Card Making

Paint and Snack: Birch

Tree Forest)

ROAD TO THE HOLIDAYS

Holiday Jazz Jubilee
Concert - 12/13

Gingerbread House
Decorating - 12/20

Holiday Lights Trolley
Tour - 12/7

SF Movie Tours - 12/29 &
1/4

Golden Circle Holiday
Bazaar - 12/6 and 7

