

OHK Senior Meal Program is partially funded by the Alameda County Area Agency on Aging and the Cities

Vitamin A Source *, Vitamin C Source +, High Salt #, Spicy @

SUGGESTED DONATION - \$3.00

Good Thyme Café' April, 2018

60+ Senior Lunch Program

Robert Livermore
Community Center
4444 East Ave. Livermore, Ca.
94550

For Reservations Call:
(925) 373-5764



1% Milk served daily
Doors open at 11:30 am-1 pm, Walk-ins until 12:45 pm.

Reservations Highly Encouraged!



Monday: Chef's Choice Soup Tuesday: Chef's Choice Soup Wednesday: Vegetarian Soup Thursday: Chef's Choice Soup Friday: Chef's Choice Soup

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 2nd	APRIL 3rd	APRIL 4th	APRIL 5th	APRIL 6th
NO SERVICE HOLIDAY	Balsamic Chicken, Sweet Potatoes, Seasonal Vegetables, Seasonal Fruit	Grilled Chicken Caesar Salad*+, Garlic Whole Wheat Roll, Seasonal Fruit	Broccoli Quiche, 3-Bean Salad, Seasonal Fruit	Sansbury Steak w/ Mashed Potatoes and Gravy, Seasonal Vegetables, Seasonal Fruit
APRIL 9th	APRIL 10th	APRIL 11th	APRIL 12th	APRIL 13th
Chicken Milano over Enriched Pasta, Seasonal Vegetables, Seasonal Fruit	Pot Roast w/ Potatoes and Gravy, Seasonal Vegetables, Seasonal Fruit	Spaghetti w/ Meat Sauce, Seasonal Vegetables, Seasonal Fruit	Apple Glazed Pork Roast, Baked Potato, Seasonal Vegetables, Seasonal Fruit	Honey Mustard Baked Chicken, Enriched Rice, Seasonal Vegetables, Seasonal Fruit
APRIL 16th	APRIL 17th	APRIL 18th	APRIL 19th	APRIL 20th
Apricot Glazed Chicken, Enriched Rice, Seasonal Vegetables, Seasonal Fruit	Meatloaf w/ Mashed Potatoes and Gravy, Seasonal Vegetables, Seasonal Fruit	French Onion Chicken, Red Potatoes, Seasonal Vegetables, Seasonal Fruit	Hamburger w/ Grilled Onions, Lettuce and Tomato, Apple Salad, Cookie	Butter Chicken w/ Enriched Rice, Seasonal Vegetables, Seasonal Fruit
APRIL 23rd	APRIL 24th	APRIL 25th	APRIL 26th	APRIL 27th
Turkey Lasagna, Seasonal Vegetables, Seasonal Fruit	Lemon and Dill Fish, Roasted Potatoes, Seasonal Vegetables, Seasonal Fruit	Beef Stroganoff, Seasonal Vegetables, Seasonal Fruit	Vegetable Frittata, Potato Wedges, Seasonal Fruit	Turkey Chili over Enriched Rice, Seasonal Vegetables, Seasonal Fruit
APRIL 30th				
Chicken Florentine w/ Enriched Pasta, Spinach and Mushrooms, Seasonal Fruit				

